



**VIDYA SANSKAAR  
INTERNATIONAL PUBLIC SCHOOL**  
(AFFILIATED TO CENTRAL BOARD OF SECONDARY EDUCATION)

**VOLUME 1  
ISSUE-1  
JUNE 2025**



# **ABHIVYAKTI / ಅಭಿವ್ಯಕ್ತಿ / अभिव्यक्ति**

**“EXPRESSION IN EVERY WORD, UNITY IN EVERY VOICE”**



## Vision

To empower students to reach their full potential through the values of 'Vidya' and 'Sanskaar', fostering socially responsible, globally aware, and academically strong leadership.

## Mission

- ❖ To provide a stimulating and inclusive learning environment that fosters academic excellence, character development, and cultural awareness.
- ❖ To nurture the unique potential of each student, equipping them with essential skills, knowledge, and values to thrive in a rapidly evolving world.

## Core Values

**V**alue-driven education

**S**tudent-centric approach

**I**ntegrity in all actions

**P**ursuit of excellence

**S**ocial responsibility and service

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# School Management

*Connecting Our Community, Inspiring Minds*



**S P Muddahanumegowda**  
Chairman, VSECT



**H B Shyamsundar**  
Secretary, VSECT



**Purushottam R Patel**  
Treasurer, VSECT



**Sri M K Ramaswamy**  
Academic Director, VSECT

## Vidya Sanskaar Team



**Dr. Satish Bejjihally**  
CEO, VSECT



**Harshith Gowda S**  
Educational and Development  
Leader, VSECT



**Smt. Sumana Shenoy**  
**Principal VSIPS**



**Dr. B G Bhaskar**  
**Sr. Academic Coordinator VSIPS**



**Roopa J (CPF)**  
**VSIPS**



**Sri Lohith K**  
**EO, VSECT**



# Message from Vidya Sanskaar Team

Volume 1

Issue 1

June 2025



## Sri M K Ramaswamy Academic Director, VSECT

Dear Students, Teachers, and Members of the Vidya Sanskaar Family,

It gives me immense pleasure to pen a few words for the June 2025 edition of *Abhivvyakti*, our school magazine—a vibrant platform that showcases the creativity, talent, and intellectual spirit of our school community.

This academic year has been filled with milestones, achievements, and meaningful learning experiences. We have seen our students evolve not just academically but as empathetic, responsible, and curious individuals. Their commitment to excellence in academics, arts, sports, and community initiatives continues to inspire us.

I would like to congratulate every contributor, editor, and coordinator who worked tirelessly to bring this edition to life. Your efforts have not just created a magazine, but a mirror of our school's vibrant and dynamic culture.

As you flip through the pages of *Abhivvyakti*, I encourage you to reflect on the essence of school life it captures—one filled with discovery, joy, and shared aspirations. May this magazine ignite ideas, inspire expression, and encourage every student to find and use their unique voice.

Let *Abhivvyakti* continue to be a celebration of our journey together—a journey of learning, dreaming, and achieving.

With warm regards and pride,

**Sri M K Ramaswamy**

M.Sc, B.Ed

**Academic Director, VSECT**

**Vidya Sanskaar Educational and Charitable Trust**



**Dr. Satish Bejjihally**  
**CEO, VSECT**

Dear Students, Teachers, and Members of the Vidya Sanskaar Family,

It gives me immense pleasure to extend my heartfelt congratulations on the launch of our school's newsletter, "**Abhivyakti**" — a thoughtful and powerful initiative that embodies the true spirit of expression.

The name **Abhivyakti**, drawn from the sacred lines of the Preamble to our Indian Constitution — "**liberty of thought, expression...**" — reminds us of the profound value of giving voice to ideas, dreams, creativity, and truth. In this light, **Abhivyakti** becomes much more than a newsletter; it is a **platform for every student to be seen, heard, and celebrated**.

Through this publication, we aspire to create a **vibrant space for innovation, imagination, and individuality**. Whether it is through art, writing, science, social commentary, or storytelling, **Abhivyakti** will showcase the diverse talents and unique perspectives of our students. It is a mirror to their inner world and a window for the larger community to witness the spirit of Vidya Sanskaar.

Let this platform grow into a symbol of **inclusiveness, equality, and equity**, not just within our school but extending its influence to the larger society. When children learn to express freely and responsibly, they also learn to empathize, to listen, and to act with courage and conscience.

I convey my best wishes to the editorial team, the students, and the mentors who have brought this vision to life. May **Abhivyakti** continue to blossom and evolve, nurturing generations of thoughtful, articulate, and compassionate citizens.

With warm regards and pride,

**Dr. Satish Bejjihally**

PhD, M.Phil, M.Sc, B.Ed, MBA (Edu), PGDEAS

CEO

**Vidya Sanskaar Educational and Charitable Trust**



**Harshith Gowda S**  
**Educational and Development Leader, VSECT**

Abhivyakthi is a beautiful initiative that celebrates the creativity, curiosity, and spirit of our students at Vidya Sanskaar International Public School.

True learning is not just about books and exams. It is also about discovering who we are, what we love, and what we dream to become. Each one of you has a spark within—something unique that makes you YOU. This newsletter is your space to explore that spark.

Whether it's art, music, sports, writing, science, or any passion you hold close—Abhivyakthi is a platform where your voice matters. Let this be a place where you express your ideas, showcase your talents, and share your stories with pride.

To all our young minds of Vidya Sanskaar, I encourage you to participate wholeheartedly, learn with excitement, and never stop exploring. Let your interests guide you and your efforts take you far in becoming confident, well-rounded individuals.

My heartfelt congratulations to the editorial team for the successful rollout of Abhivyakthi. May this magazine grow into a lasting reflection of student voice, imagination, and excellence.

With warm regards and pride,

**Harshith Gowda S**  
Educational and Development Leader, VSECT  
Vidya Sanskaar Educational and Charitable Trust



**Smt. Sumana Shenoy**  
**Principal VSIPS**

**From Principal's Desk....**

Dear Students, Parents, and Esteemed Members of the School Community,

It gives me immense pleasure to present to you the first edition of our school magazine - **Abhivyakti**, which means Expressions. Freedom of Expression is one of the most fundamental human rights. It allows every individual to express their thoughts, ideas, beliefs, and opinions freely—through speech, writing, art, or any other medium—without fear or punishment. **Abhivyakti** implies encouragement of freedom of expression and individuality within the school community.

This marks a significant milestone in our journey of learning, growth, and collaboration. Our magazine is a reflection of the vibrant life within our school – a platform to celebrate achievements, share ideas, and highlight the talents and voices of our students and staff.

This initiative aims to strengthen our communication with parents and foster a deeper sense of connection among all stakeholders. It is our sincere hope that this publication will not only inform but also inspire and engage everyone who is part of our learning community.

I extend my heartfelt congratulations to the editorial team and all contributors who have worked diligently to bring this vision to life. Let this be the beginning of many such creative and meaningful expressions from our school.

**Abhivyakti – A Voice of Thoughts, Talent, and Creativity”**

Warm regards,

Sumana Shenoy

M.Sc., B.Ed., PBDSA

Principal

Vidya Sanskaar International Public School



# Staff Reopening Day 02-05-2025.

Volume 1  
Issue 1  
June 2025

**New year, new goals—  
same passion for  
education.**

As the new academic year begins, our dedicated teaching and non-teaching staff returned to campus with renewed energy and enthusiasm. The reopening marked a day of preparation, collaboration, and commitment to providing the best learning environment for our students. Staff members were warmly welcomed back with a brief orientation session, departmental meetings, and classroom setup activities. This gathering also served as a time to align on academic goals, introduce new initiatives, and foster a spirit of teamwork. The entire school campus is now abuzz with anticipation and readiness to welcome our students!



Inhouse staff training programs were conducted to boost professional development, enhance teamwork, and improve service excellence.



Stay engaged, learn new skills,  
and grow with us—because your  
success drives our success!





# Workshop Day-2 (05-05-2025)

Volume 1  
Issue 1  
June 2025



A range of interactive workshops, hands-on learning sessions, and expert-led seminars aimed at enhancing skills, strengthening collaboration, and aligning with our organization's goals.



Try this....?

Q.1 There are two ducks in front of a duck, two ducks behind a duck and a duck in the middle. How many ducks are there?

## Empowering Minds: A Day of Discovery and Learning

Workshops remind us that learning never stops—and every experience adds a new chapter to our growth.



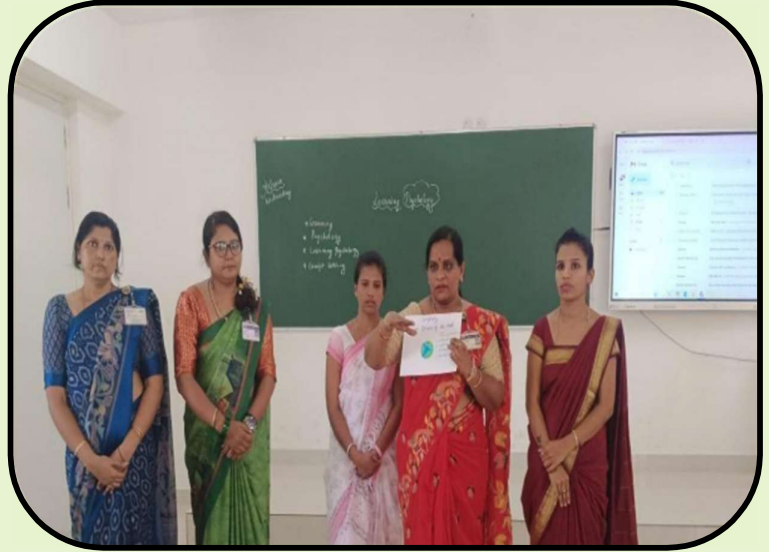
**Did you know that...**

**There are over 1.2 million species of insects on Earth!**



# Workshop Day- 4 (07-05-2025)

Volume 1  
Issue 1  
June 2025



Try this....?  
Q.2 What has an eye  
but cannot, see?

# Workshop Day- 5 (08-05-2025)

Volume 1  
Issue 1  
June 2025

Voices of wisdom, hands of care  
— here's where their silent stories  
are shared.



**Try this...**

**Q.3 I have cities, but no  
houses; forests, but no  
trees; and water, but no  
fish. What am I?**





A panel board is an effective teaching aid used to display visual materials such as charts, diagrams, student work, and concept maps. It enhances classroom learning by providing a clear, organized space for showcasing educational content, encouraging interactive discussions and visual engagement. Ideal for thematic displays or project presentations, it supports both teacher-led instruction and student participation.



## Staff Training Workshop Details

Training Session	Resource Person
<ul style="list-style-type: none"> <li>Working with parents</li> <li>Curriculum planning</li> <li>Setting of QP</li> </ul>	<b>Ms. Sumana Shenoy</b> Principal, VSIPS
<ul style="list-style-type: none"> <li>Working with parents</li> <li>Curriculum planning</li> <li>Emotional Intelligence</li> <li>Effective Communication</li> </ul>	<b>Dr. B G Bhaskar</b> Sr. Academic Coordinator
<ul style="list-style-type: none"> <li>Lesson plan- LSRW</li> <li>Curriculum planning</li> <li>Story telling</li> <li>Phonetics</li> <li>Working with parents</li> </ul>	<b>Ms. Roopa J</b> CFP, VSIPS
<ul style="list-style-type: none"> <li>Child Development and psychology</li> <li>Teaching methodologies and strategies</li> </ul>	<b>Ms. Asha Devi N</b> RP, Macmillan Education India Pvt Ltd
<ul style="list-style-type: none"> <li>Learning Psychology</li> </ul>	<b>Ms. Nikhath Naseem</b> Dept of Math
<ul style="list-style-type: none"> <li>Critical and Creative thinking</li> <li>Assessment and Evaluation</li> </ul>	<b>Ms. Kavya J C</b> Dept of Math
<ul style="list-style-type: none"> <li>Experiential learning: English</li> </ul>	<b>Ms. Sunitha N K</b> Dept of English
<ul style="list-style-type: none"> <li>Experiential Learning: Kannada</li> </ul>	<b>Ms. Ashwini G</b> Dept of Kannada
<ul style="list-style-type: none"> <li>Experiential Learning: Hindi</li> </ul>	<b>Ms. C. Shubhamangala</b> Dept of Hindi
<ul style="list-style-type: none"> <li>Experiential Learning: Science</li> </ul>	<b>Ms. Varsha Raj</b> Dept of Science
<ul style="list-style-type: none"> <li>Experiential Learning: Social</li> </ul>	<b>Ms. Umalakshmi</b> Dept of Social
<ul style="list-style-type: none"> <li>Experiential Learning: Math</li> </ul>	<b>Ms. Mamatha M V</b> Dept of Math
<ul style="list-style-type: none"> <li>Experiential Learning: Computer Science</li> </ul>	<b>Ms. Chaitra M</b> Dept of Computer
<ul style="list-style-type: none"> <li>Inspired Teacher</li> </ul>	<b>Ms. Rajani Badami</b> Dept of Hindi

# Parent Orientation Day 10-05-2025

Parent Orientation Program: Building Strong Partnerships

Volume 1  
Issue 1  
June 2025

We're excited to welcome families to our Parent Orientation Program!



This session is designed to introduce parents to our curriculum, classroom routines, and support systems.

It's a great opportunity to meet teachers, ask questions, and learn how we can work together to support every child's success.





# Safety and Security of Teenage Girls

## 19-05-2025 to 21-05-2025

Volume 1  
Issue 1  
June 2025

Ensuring the safety and security of teenage girls is a shared responsibility that starts with awareness and education. It includes creating safe environments at home, school, and in the community, teaching self-confidence and digital safety, and promoting open communication. Empowering girls with knowledge about their rights, setting boundaries, and seeking help when needed is vital in building a secure future for them.



# Club Activities

Volume 1  
Issue 1  
June 2025

Our school offers a variety of clubs—from science and art to literature and environment—giving students a chance to explore interests, build skills, and learn beyond books. It's fun, engaging, and full of discovery!



## Threads of Tradition: Tribal Doll Craft

The Art Club brought tribal stories to life with uniquely designed dolls inspired by indigenous styles and techniques.





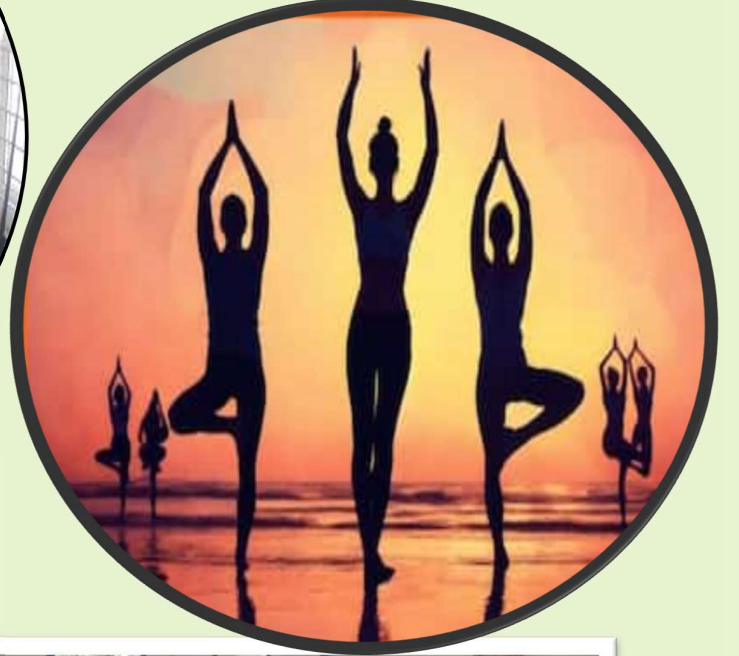
# Healthy minds, Happy Lives

## Health and Wellness Club

inspired students to embrace



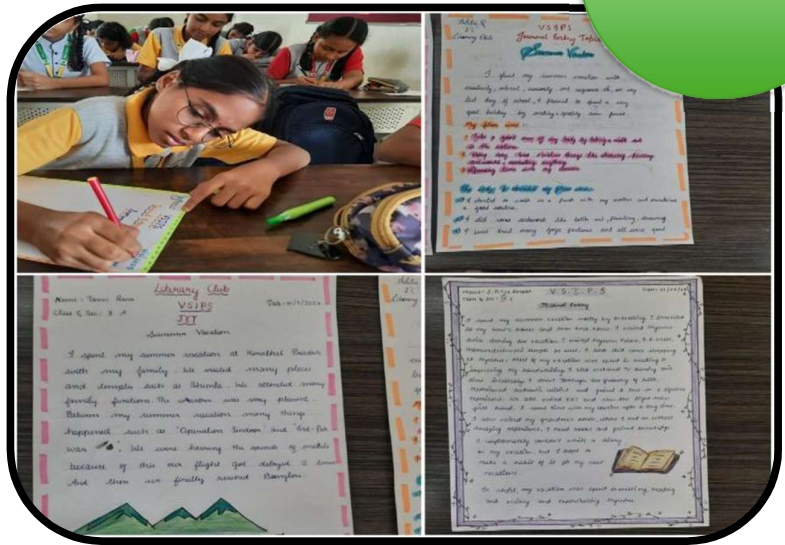
mindful living through fitness tips, yoga sessions, and positive lifestyle habits.



## Summer Scribbles: Journaling Joys

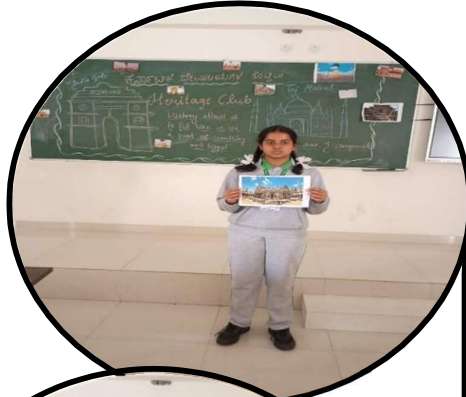
**Literary Club** members penned heartfelt journal entries, capturing their summer adventures, reflections, and memories with vivid imagination.

A platform for young minds to express, explore, and excel. It is the place where every student's voice is heard and every talent is celebrated.



## Time Travelers: Discovering Our Heritage

From forts to temples, club members explored the stories behind India's historic sites, fostering a deeper respect for our roots.





# Where Imagination Meets Knowledge

**Reading Hours** opened doors to distant lands and magical stories, helping children travel the world—one page at a time.



## A Journey Through Pages

Students explored mysteries, adventures, and ideas beyond textbooks. With books in hand and imagination in

flight, the classroom became a gateway to endless stories. A simple hour, yet a powerful step towards lifelong reading joy.

**"A book is a dream you hold in your hands."**





## Welcoming New Beginnings

Vidya Sanskaar family was delighted to host **Parent Orientation day** for the upcoming academic session, a meaningful step towards building strong school-home partnerships.



The event offered an insightful glimpse into our school's vision, curriculum, teaching methodologies, and child-centered learning approach.





# Parent Orientation Day

## 31-05-2025

Volume 1  
Issue 1  
June 2025

"Education is a shared commitment between dedicated teachers, motivated students, and supportive parents." –  
**Bob Beauprez**



"The journey of a thousand miles begins with a single step—let's take that step together today."



**Try this...**

**Q.5 I am an odd number. Take away a letter and I become even. What number am I?**

# School Assembly

Volume 1  
Issue 1  
June 2025

☀ Welcoming Our Stars Back  
to School! ☀

The new academic year began on a joyful note with a special **school assembly** to welcome our students on their **first day**. The campus echoed with laughter, excitement, and energy as students gathered to begin their learning journey.



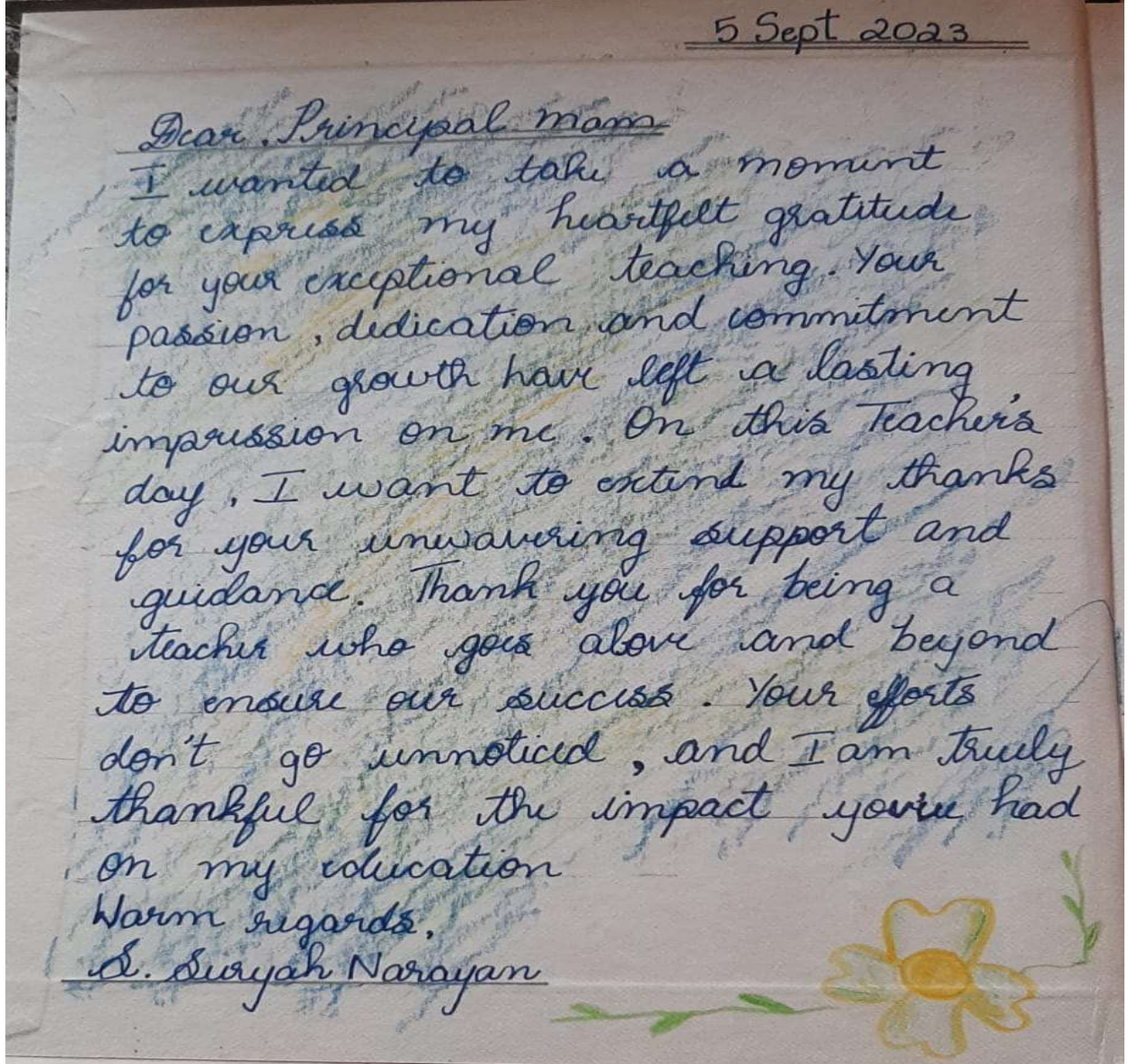
The assembly included a heartfelt prayer, motivational address by the Principal, and cheerful performances by students, setting a positive tone for the year ahead. Here's to a year full of learning, growth, and success!

Did you know that...

The Earth is slightly oblate, meaning it's wider at the equator than at the poles?



## Gratitude From Our Student





## Answers:

**Pg no: 4, Q1:** Three. Two ducks are in front of the last duck; the first duck has two ducks behind; one duck is between the other two

**Pg no: 6, Q2:** A needle

**Pg no: 7, Q3:** A map

**Pg no: 15, Q4:** A sponge

**Pg no: 17, Q5:** Seven

### *Important Events in June 2025:*

1. *World Environment Day*
2. *School parliament Elections*
3. *Library Book Exhibition*
4. *Staff training program*
5. *International Day of Yoga*
6. *World Music Day*
6. *Happy Hours- Pre-Primary Parent Engagement activity*
7. *Investiture Ceremony*


## Editorial Committee


### Core Committee:


1. Sri. Harshith Gowda S, EDL, VSECT
2. Dr. Satish M Bejjihally, CEO, VSECT
3. Smt. Sumana Shenoy, Principal, VSIPS
4. Dr. B G Bhaskar, Sr Acad. Coord, VSIPS
5. Smt. Roopa J, CFP, VSIPS


### Members:


1. Smt. Haritha A, Dept of English
2. Smt. Rakshitha R, Dept of English
3. Smt. Chaitra M, Dept of Computer
4. Smt. Lavanya G, Preprimary Teacher
5. Smt. Pallavi S Tharikoppa, Art Teacher
6. Smt. Asha B, FDA

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