

July 2026



Issue -03

Vidya Sanskaar International Public School

(Affiliated to Central Board of Secondary Education)

Machohalli Gate, Magadi Main Road, Bengaluru-91

Email: vsips@vidyasanskaar.edu.in, www.vidyasanskaar.edu.in

ABHIVYAKTI | ಅಭಿವ್ಯಕ್ತಿ | अभिव्यक्ति



A celebration of learning, culture,
and community — every moment of
July, brought to life.

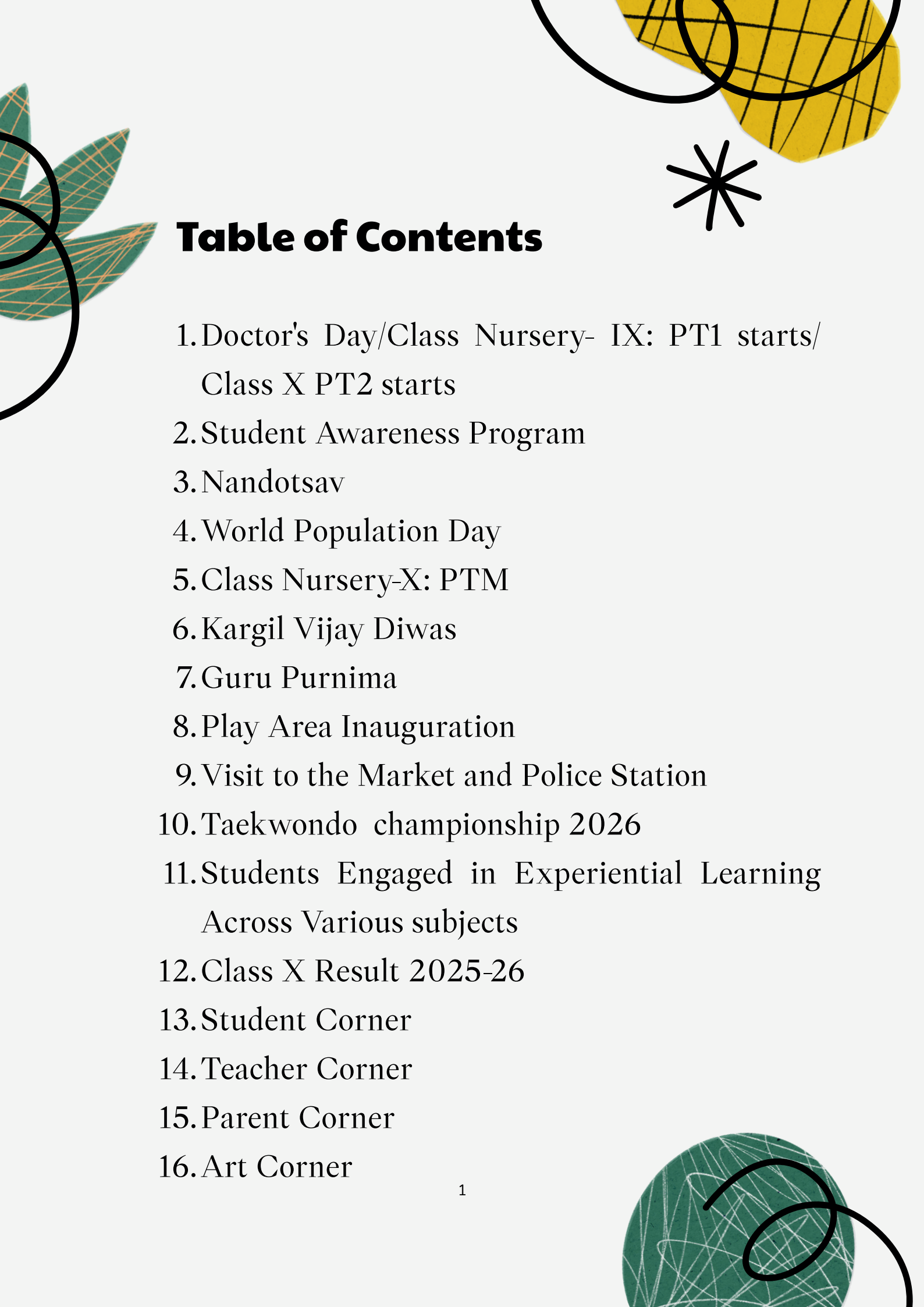


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Letter from the Principal

The month was filled with meaningful academic, cultural, and experiential activities at **Vidya Sanskaar International Public School**, providing our students with numerous opportunities to learn, explore, and celebrate together.

We commemorated **Doctor's Day, Guru Purnima, Nandotsav, World Population Day, and Kargil Vijay Diwas**, helping students understand the importance of gratitude, values, social responsibility, and patriotism.

Academically, **Periodic Test 1 (PT1)** for Classes **Nursery to IX** and **Periodic Test 2 (PT2)** for Class X commenced as scheduled. The Parent-Teacher Meeting (PTM) for Classes Nursery to X provided an excellent platform for constructive interaction between parents and teachers to discuss students' progress and overall development.

The **Play Area Inauguration** was a joyful occasion, offering students a vibrant space for recreation and physical activity. **Educational visits to the market and police station** enabled students to connect **classroom learning with real-life experiences** and gain a better understanding of community services.

Our students continued to engage enthusiastically in **experiential learning across various subjects, making learning** more interactive, practical, and enjoyable. We also proudly celebrated the achievements of our students in the **Taekwondo Medal 2026**, recognizing their **dedication, discipline, and sporting excellence**.

The **outstanding Class X Results for the academic year 2025–26** brought immense pride to the entire Vidya Sanskaar family, reflecting the collective efforts of our students, teachers, parents, and management.

As we continue our journey of holistic education, every event and achievement reinforces our commitment to nurturing confident, compassionate, and responsible learners.

Smt. Sumana Shenoy

Principal

Vidya Sanskaar International Public School



Doctor's Day & Academic Milestones



Doctor's Day

A heartfelt tribute to healthcare professionals who serve and protect our communities.



PT1 — Nursery to IX

First Parent-Teacher Meeting commences, opening the dialogue between families and educators.



PT2 — Class X

Second Parent-Teacher Meeting begins for Class X, keeping parents informed on student progress.



Nandotsav Celebrations



Health Awareness Program



Every student today is a global citizen tomorrow.

Class X Result 2025-26

Outstanding Class X Board Examination Result – 2025–26 🎉

We are proud to announce that Vidya Sanskaar International Public School has achieved an outstanding 100% result in the Class X Board Examination 2025–26. Out of 120 students who appeared for the examination:

47 students secured Distinction

72 students secured First Class

100% Result achieved by the school

🌟 Subject-wise Academic Excellence

Our students also achieved exceptional scores in individual subjects:

Kannada: 1 student scored 100

English: 1 student scored 98

Hindi: 1 student scored 98

Mathematics: 1 student scored 98

Science: 1 student scored 98

Social Science: 1 student scored 99

Information Technology: 7 students scored 100

🏆 A Moment of Pride

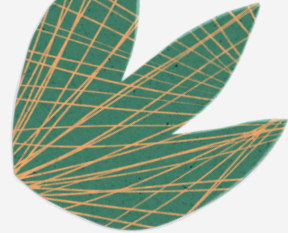
This remarkable achievement reflects the dedication of our students, commitment of our teachers, constant support of parents, and strong academic leadership of the school.

Congratulations to all our achievers!

🌟 **Vidya Sanskaar International Public School** 🌟

Celebrating Excellence • Inspiring Success • Shaping Future Leaders

Parent-Teacher Meeting



Across all classes from Nursery through Class X, PTM sessions brought parents and educators together in a spirit of collaboration and shared commitment to student growth.

Comprehensive Coverage

PTM sessions held for all classes – Nursery to Class X – ensuring no student is left out of the conversation.

Direct

Communication

Face-to-face dialogue between teachers and parents, building trust and transparency.

Collaborative Growth

A joint approach to identifying strengths, addressing challenges, and celebrating student milestones.



World Population Day

July 11 marked a moment to reflect on one of the world's most pressing challenges — sustainable growth for a growing population. Students explored demographic trends and their global impact. Discussions on population, resources, and sustainability. Fostering a sense of responsibility toward global issues.



Kargil Vijay Diwas

The school paused to honor the courage and sacrifice of Indian soldiers who triumphed in the 1999 Kargil War — a victory etched in national memory. Tribute to the bravery of India's armed forces. Remembering the historic 1999 Kargil War victory. Instilling patriotism and national pride in every student. A nation that forgets its defenders has no future. We remember. We honor. We salute.

Guru Purnima

Guru Purnima — the festival of gratitude — celebrated the timeless bond between teacher and student, honoring those who light the path of knowledge.



Honoring Teachers

Students expressed heartfelt gratitude to the mentors who shape their minds and futures.



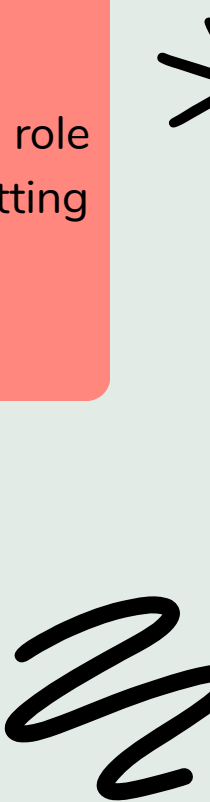
Wisdom & Knowledge

Recognizing the sacred role of educators in transmitting knowledge across generations.



Educational Journey

A moment to reflect on the guides who walk alongside us every step of the learning journey.





Play Area Inauguration

A brand-new recreational space was unveiled this July — a dedicated area where students can play, explore, and grow beyond the classroom walls. New facilities designed for active physical engagement. Supporting holistic development through outdoor play. A space where creativity, energy, and friendship flourish.

A healthy body
nurtures a healthy
mind. The new play
area is a step toward
truly holistic
education.



Experiential Learning in Action

This July, students stepped out of the classroom and into the real world — exploring markets and civic institutions to bring their studies to life.



Market Visit

Students explored real-world commerce, economics, and the mechanics of everyday trade — turning theory into tangible experience.



Police Station Visit

A firsthand look at civic institutions, community safety, and the role of law enforcement — understanding the systems that protect society.

Taekwondo Championship 2026



Student engaged in experiential learning in various subjects.

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Class - 7 **Subject - Science**
Topic - The World of Metals and Non metals
Activity - Collage making on the Topic Application of Metals

IN ACTION! **CREATIVE COLLAGES!**

FOCUSED LEARNERS! **AMAZING WORKS!**

LEARN • EXPLORE • CREATE

LEARNING OUTCOMES
Students will be able to -

- Identify and classify common applications of metals based on their properties.
- Relate the physical and chemical properties of metals to their everyday uses.
- Develop creativity by presenting information through a collage.

Metals Around Us, In Everything We Do!

COOKWARE **UTENSILS** **TOOLS & MACHINERY**

BUILDINGS & BRIDGES **TRANSPORT** **WINDOWS & RAILINGS**

DISCOVER • CONNECT • CREATE

JULY **MONTHLY ACTIVITY** **Class 3**
POSTER MAKING ON HEALTHY HABITS
Healthy Habits Today, Happy Life Tomorrow!

EAT HEALTHY FOOD **DRINK PLENTY OF WATER** **STAY ACTIVE** **KEEP CLEAN** **SLEEP WELL** **SAY NO TO JUNK FOOD** **BE KIND AND HAPPY**

GOOD HABITS • BETTER HEALTH • BRIGHT FUTURE

VIDYA SANSKAAR INTERNATIONAL PUBLIC SCHOOL
CBSE
CLASS 2
HPC ACTIVITY
Sensorial Perceptions
Learning Through Touch and Colours!

Exploring Textures Soft or Hard? **Recognizing Colours All Around Us!**

Learning by Doing, Remembering for Life!

Description:
Our Class 2 students enthusiastically participated in the HPC activity on Sensorial Perception. They explored different objects to identify soft and hard textures and recognized various colours through fun, hands-on learning. This activity helped develop their observation skills, sensory awareness, vocabulary, and confidence while making learning enjoyable.

Observation Awareness Confidence Fun Learning! **Little Hands, Big Discoveries!**

See it... Feel it... Identify it... Learn it!

VIDYA SANSKAAR INTERNATIONAL PUBLIC SCHOOL
CBSE
KARGIL VIJAY DIWAS
SLOGAN WRITING ACTIVITY
"Young Voices, Proud Hearts - Saluting Our Brave Soldiers!"

Topic: Slogan on Kargil Vijay Diwas
NAME: BHAVYA
N: FEAR IN STORM
NO REST IN RAIN
INDIAN SOLDIERS
BEAR EVERY PAIN
JAI HIND!

DESCRIPTION
Our Class 2 students enthusiastically participated in the Kargil Vijay Diwas Slogan Writing Activity by writing one meaningful slogan to honour the courage, sacrifice, and patriotism of our brave soldiers. Through this activity, students expressed their love for the nation while enhancing their creativity, handwriting, and awareness of the importance of Kargil Vijay Diwas. Their thoughtful slogans reflected respect, gratitude, and national pride.

WE SALUTE • WE REMEMBER • WE ARE PROUD
KARGIL VIJAY DIWAS - FOREVER IN OUR HEARTS!



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Dear Brave Soldier,
I hope this letter finds you in good health and high spirits...

★ Class 4 ★
JULY MONTH

LETTER WRITING Competition

Write Today, Connect Forever!







TOPIC:  **DESCRIBING A BRAVE SOLDIER**

ACTIVITY CONDUCTED ON:
21st JULY (TUESDAY)

“A brave soldier protects us with courage and love. Let's thank them with our words.”



★★★ LET YOUR WORDS SPREAD KINDNESS AND JOY! ★★★



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LIFE PROCESSES IN PLANTS

CLASS: 7
SUBJECT: SCIENCE

METHOD – DEMONSTRATION

ACTIVITY

a. Chlorophyll is necessary for photosynthesis b. Leaves are food factories of the plant c. Observation of stomata


Collecting leaves


Boiling the leaves in water


Heating in alcohol

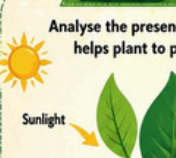

Adding iodine solution


Observing leaf in water


Preparing leaf peel


Staining the peel


Peel on slide


Ready for observation

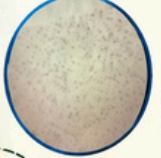
LEARNING OUTCOME

Analyse the presence of chlorophyll helps plant to produce food.



LEAVES – THE FOOD FACTORIES!

OBSERVATION OF STOMATA



EXPLORE OBSERVE LEARN GROW

LEARNING OUTCOME
Connect that the leaves contains stomata which helps in exchange of gases.

SCIENTIFIC THINKING TODAY A GREENER TOMORROW



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Chapter: Out in the Garden

Activity Date: 28/07/2028

Out in the Garden – Learning Beyond the Classroom

Our Class 3 students enthusiastically participated in the “Out in the Garden” activity, where learning came alive through observation and exploration.

During the activity, students:

- Observed and described different activities in the garden using appropriate action words.
- Identified various plants, objects, and games found in their surroundings.
- Shared their observations confidently, enhancing their speaking and communication skills.
- Developed an appreciation for outdoor play, teamwork, and nature through experiential learning.








Learning Outcome:
Students strengthened their vocabulary, observation skills, communication, and environmental awareness while enjoying meaningful outdoor experiences.



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CLASS: 1 HPC ACTIVITY SUBJECT: MATHEMATICS ACTIVITY: ROLL, ADD AND SHINE!

Roll, Add and Shine!













LEARNING OUTCOMES

- Understand the concept of addition.
- Develop number sense and mental calculation.
- Improve concentration and problem-solving skills.
- Encourage active participation and confidence.
- Make learning joyful and meaningful.

VALUES WE LEARN

FOCUS

CONFIDENCE

PERSEVERANCE

TEAMWORK

THINKING SKILLS

ENJOY LEARNING

Why Math with Dice?
It makes addition exciting, easy to understand and helps children build a strong foundation in mathematics through hands-on experience and fun!

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Class Pre Primary Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Pre Primary 2026-27				
Sl No.	Month	Class & Section	Best Student	Class Monitors
1	July	Nursery A	1.Kushi.S	1.Ganvith.G.S 2.Vibha Gowda. B
2		Jr. KG A	1.Hanvitha.D	1.Akshay.H 2.Ghanishka Manoj
3		Jr. KG B	1.Moniksha.S.S	1.Manvik.K
4		Sr. KG A	1.Poshitha.P	1.Chinmayee.P 2.Khavin.S
5		Sr. KG B	1.Thanvik H Gowda	1.Bhuvith Gowda H C
6		Sr. KG C	1.Bhuvith. M	1.Vaishvi B
7		Sr. KG D	1. Yanira Kumar K	1. Lithvik Chnadra H

Class 1-2 Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Sl No.	Month	Class & Section	Best Student	Class Monitors
1	July	1A	Arya UK	1- Vedanth Gowda A 2-Daanya BM
2		1B	Gunashreya	1- Revanth Gowda MR 2-Parinitha
3		1C	Dhyan Chandan R	1- Roshini R Sindhu 2- Yashas M Gowda
4		1D	Siri D	1- Aayra H 2- Skanda
5		2A	Jeet hankur haria	1- Abhigna 2-Gunav.H
6		2B	Hanvith A Gowda	1- Vishrutha H R 2- Gajendra
7		2C	Punarvasu N	1- Harshiv M Patel 2- Subhiksha N
8		2D	Kabish	1- Nishvika A 2- Krishna H Patel

Class 2-4 Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Sl No.	Month	Class & Section	Best Student	Class Monitors
9	July	3A	Manvith Gowda H M	1- Tridhara B S 2- Hanish P R
10		3B	Shradha C R	1- Arvi H shetty 2- Rushal. S
11		3C	Yashas Gowda B M	1- Hitesh 2- Veeha R
12		3D	Charvi KP	1- Hita K 2-Lishaan M Gowda
13		3E	Mokshitha .V.C	1- Hanvith.M 2- Nithyashree.L
14		4A	Ruthvika L	1- Sharvi M Gowda 2- Chethan Gowda L
15		4B	Heshivika V N	1- Athanya Rachana 2- Tushar K
16		4C	Lalithya M Gowda	1- Manushi Gowda 2-Yathvik u shetty
17		4D	Panvith Simha L	1- Shreyan Jaiswal 2- Thvisha M
18		4E	Yashmith. A	1- Sarthak GM 2-Laasya M Gowda

Class 5-7 Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Sl No.	Month	Class & Section	Best Student	Class Monitors
1	July	5A	Deekshith Gowda K M	1- Poorvik L Gowda 2- Shushruth H R
2		5B	Pavan Kumar Choudhary	1- Lasya M 2- Amogha Varsha R M
3		5C	Viyan Ankush Gosrani	1- Anvitha N Raj 2-Bodhan B R
4		5D	Dhruva prasad	1- Sohan G 2-Tanasvini
5		5E	Siddanth A Nair	1- Manish Gowda H L 2- Kruthagna K
6		6A	Aryan Tej. A	1- Dileep. S 2- Danya. R
7		6B	Abhay Vinith	1- Harika. P 2- Yadhuveer Gowda
8		6C	Namana B M	1- Divyanshu Sharma 2- Shreya
9		6D	Nirosha R	1- Rohini R 2- Kushal P
10		6E	Adhit	1- Aarush R Kullolli 2-S Sanvika
11		7A	Mushty Sarada	1- Rohitha A 2- Piyush Rana
12		7B	Charvika S	1- Hemanth Raj S P 2- Lakshya R
13		7C	Ranjan Gowda L	1- Dyutheesh N 2- Thanvi M
14		7D	Inchara S	1- Namratha Y 2- D K Dishanth Gowda
15		7E	Pranamy Prashanth	1- M.K.Mahalasa 2- Hrithik Patel

Class 8-10 Best Student and Class Monitors 2026-27

Best Student and Class Monitors 2026-27				
Sl No.	Month	Class & Sec	Best Student	Class Monitor
1	July	8A	1.Yuktha	1.Lonika 2.Ujwal
2		8B	Thejitha B S	1. Anoop Gowda N 2. Harshitha B S
3		8C	Dhruti Vivek Kamath	1. Deepak Mayar M 2. Shuchitha B Y
4		8D	Thrinab D	1. Jeevitha D 2. Pavan kumar S
5		9A	Kruthi C	1. Chiranth R 2. Nishanth K
6		9B	Parinitha R	1. Aditri R 2. Samanth R
7		9C	Bhoomika K	1. Manvi M 2. Dhairya M Bhatia
8		9D	Avani C M	1. Chiranthana A 2. Suvith M
9		10A	Karan S	1. Lekham M 2. Abhisha Yadav J
10		10B	Gagan Gowda C	1. Hitha M 2. Suhas Gowda K T
11		10C	Haridra K S	1. Abraham U 2. Lakshmi J G

Student Corner

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ಗೆಲುವಿನ ಹಸಿವು ಇರುವವಳು ನೋಲಿನಿಂದ ಸಾಯುವುದಿಲ್ಲ...!

ಭಯವಾಗುತ್ತಿದೆಯಾ? ಎದೆಯ ದವಡೆಗೆ ಸಿಕ್ಕಿ ಜೀವ ನುಚ್ಚುನೂರಾಗುವ ಹಾಗೆ ಅಂಜಿಕೆ ಕಾಡುತ್ತಿದೆಯಾ? ಹೌದು, ನನಗೂ ಭಯವಾಗುತ್ತಿದೆ. ನಿಮಗೂ ಭಯವಾಗುತ್ತಿದೆ. ದೊಡ್ಡ ದೊಡ್ಡ ಕನಸುಗಳನ್ನು ಕಟ್ಟಿ ಹೊಸದೊಂದು, ಈ ಜಗತ್ತನ್ನು ಗೆಲ್ಲಲು ಹೊರಟ ಪ್ರತಿಯೊಬ್ಬರಿಗೂ ಈ ನಡುಕ ಸಹಜ.

ಆದರೆ ಈ ಕತ್ತಲಿನಲ್ಲಿ ನಿಂತು ಒಂದು ಪರಮ ಸತ್ಯವನ್ನು ಎದೆಗೆ ಇಳಿಸಿಕೊ. ಒಂದು ವೇಳೆ ನೀನು ಸೋತರೆ, ಇಲ್ಲಿ ಗೆಲ್ಲೋದು ಯಾರು ಗೊತ್ತಾ? ಕೇವಲ ನಿನ್ನೊಳಗಿನ ಆ ಭಯ ಮಾತ್ರ, ನೀನಲ್ಲ. ಸೋಲುತಾನೆನ್ನುವ ನಡುಕ ನಿನಗಿಷ್ಟಿದೆಯೋ, 'ಇವಳಲ್ಲಿ ನನ್ನನ್ನು ಮೆಚ್ಚಿ ನಿಂತುಬಿಡುತ್ತಾಳೋ' ಎನ್ನುವ ಮರಣಭಯ ನಿನ್ನನ್ನು ಉಲಕಾಡುತ್ತಿರುವ ಆ ಹದರಿಕೆಗೂ ಇದೆ. ಏಕೆಂದರೆ, ನೀನು ಸಾಮಾನ್ಯಳಲ್ಲ ನೀನು ಬೆಂಕಿ ಮುಟ್ಟಲು ಹೊರಟವಳು

ನಿನ್ನ ಧೈರ್ಯದ ಮುಖವಾಡದ ಹಿಂದೆ ಅಡಗಿರುವ ಪ್ರತಿ ಬಲಹೀನತೆಯನ್ನೂ ಅದು ಹತ್ತಿರದಿಂದ ಕೋಣೆಯ ಮೂಲೆಯಲ್ಲಿ ಶುಳಿತು ಹಣೆಬರಹವನ್ನು ದೂಷಿಸುತ್ತೀಯಾ? ನಿನ್ನ ನೆರಳಲ್ಲಿ ಹರಿಯುತ್ತಿರುವುದು ರಕ್ತವೋ ಅಥವಾ ಬಿಸಿ ನೀರೋ? ಎದ್ದು ನಿಲ್ಲು! ನಿನ್ನನ್ನು ಕಾಡುತ್ತಿರುವ ಆ ಭಯದ ಕಣ್ಣುಗಳನ್ನೇ ದಿಟ್ಟಿಸಿ ನೋಡು. ಅದರ ಕಾಲರ ವಟ್ಟಿ ಹಿಡಿದು ಕೇಳು, "ನನ್ನನ್ನು ನೋಲಿನಲು ನಿನಗಿಷ್ಟು ಧೈರ್ಯ?" ಎಂದು.

ಹದರಿಕೆ ಅನ್ನೋದು ಕೇವಲ ಒಂದು ಭ್ರಮೆ. ನೀನು ಮಡೆಯದ ಹೊರತು, ನಿನ್ನ ತಲೆ ತಗ್ಗಿನದ ಹೊರತು ಈ ಸೃಷ್ಟಿಯ ಯಾವ ಶಕ್ತಿಯೂ ನಿನ್ನನ್ನು ಮಂಡಿಯೂರಿನಲು ಸಾಧ್ಯವಿಲ್ಲ. ನಿನ್ನೊಳಗಿನ ಸಿಂಹವನ್ನು ಎಬ್ಬಿಸು. ಅದು ಗರ್ಜಿಸಿದರೆ ಇಡೀ ಜಗತ್ತಿನ ಕತ್ತಲೆ ಓಡಿಹೋಗಬೇಕು.

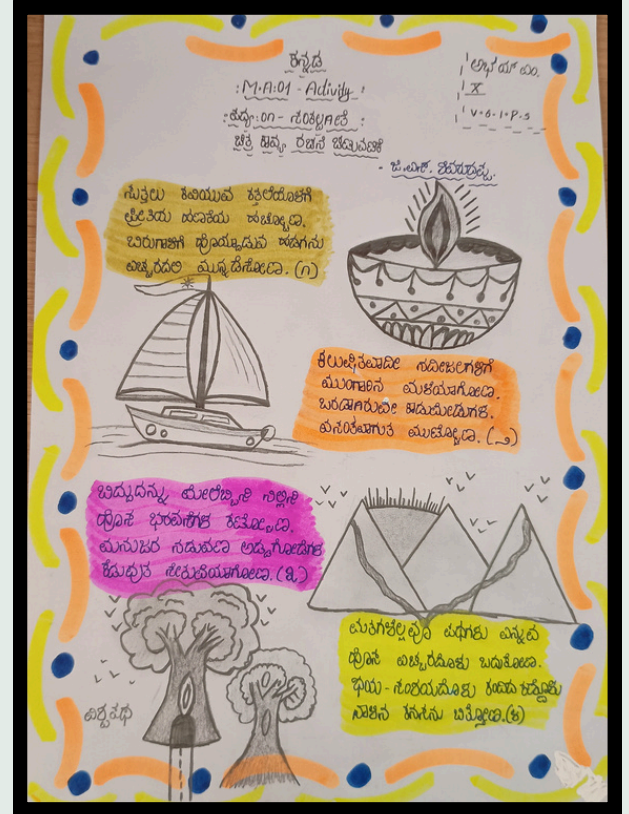
ನಿನ್ನ ಪ್ರಾಯ ಕೇವಲ ವಯಸ್ಸಲ್ಲ, ಅದೊಂದು ದಳ್ಳಿರಿ. ಈ ವಯಸ್ಸಿನಲ್ಲಿ ಕನಸುಗಳಿಗಾಗಿ ರಕ್ತ ಸುರಿಸದಿದ್ದರೆ, ಇನ್ನಾವಾಗ ಸಾಧಿಸುತ್ತೀಯಾ? ಆ ಕತ್ತಲ ಕೋಣೆಯ ಮೌನದಲ್ಲೇ ನಿನ್ನ ಗೆಲುವಿನ ಮಹಾಕಾವ್ಯ ಅಡಗಿದೆ.

ನನಕಿರಲಿ, "ಭಯ ಗದ್ದರ ಕೇವಲ ಒಂದು ರಾತ್ರಿ ಮಾತ್ರ ಇತಿಹಾಸವಾಗುತ್ತದೆ, ಅದರ ನೀನು ಎದ್ದು ನಿಂತು ಗದ್ದರ ನಿನ್ನ ಇಡೀ ಬದುಕೇ ಈ ದೇಶದ ಯುವಕರಿಗೆ ದಾರಿದೀಪವಾಗುತ್ತದೆ!" ಮೌನ ಮುರಿ, ಆ ಕತ್ತಲನ್ನು ಸೀಳಿಕೊಂಡು ಹೊರಬಾ. ನಿನ್ನ ಗೆಲುವಿನ ಸೂರ್ಯ ನಿನ್ನ ಹಣೆಯ ಮೇಲೆ ತಿಲಕ ಇಡಲು ಕಾಣುತ್ತಿದ್ದಾನೆ ಎದ್ದು ಮುನ್ನಡೆ..!

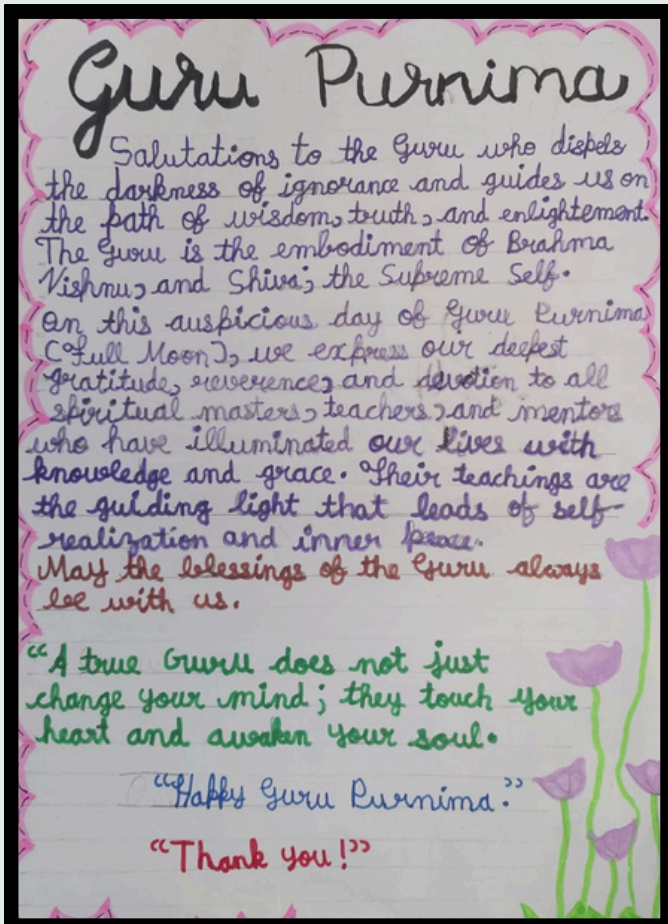
ಗೌತಮಿ. ಎಂ

8 ನೇ ತರಗತಿ 'ಎ' ವಿಭಾಗ

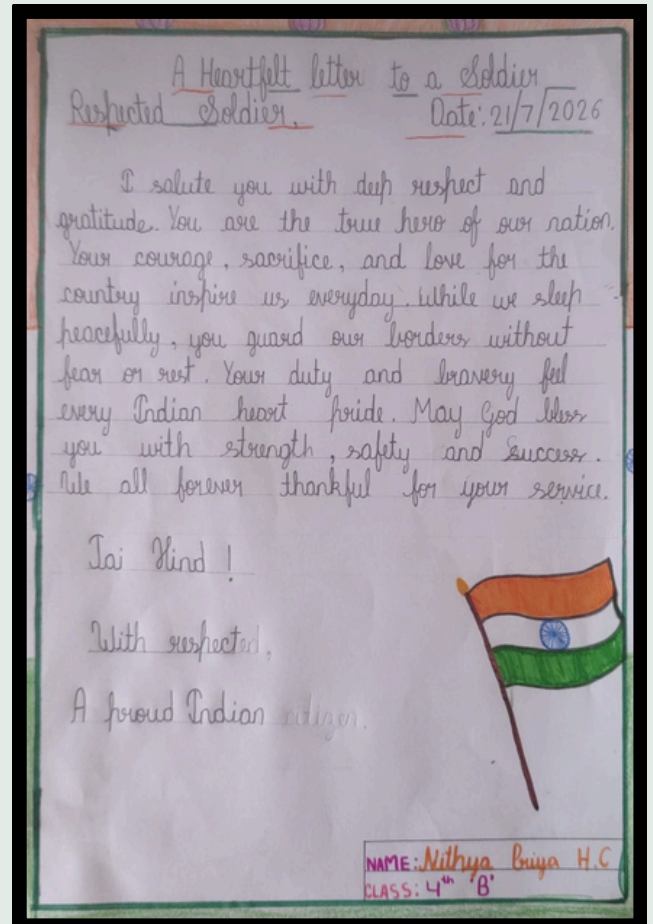
Gowthami M
Class 8A



Abhay M
Class 10C



Subramanyam mushthy
Class 2A



Nithya Priya H C
Class 4B

Student Corner

MY TRIP

[State to State – Stay Curious]

In the morning, before sunrise, we freshened up at the **bunk** and thanked the person before leaving. It was a new experience to me. My father said that was just one part of our journey.



When we reached Prayagraj we visited Triveni Sangam, The place where Ganga, Yamuna and Saraswati rivers join. I was very happy that I saw the river Yamuna because when my mother went to Kumbh Mela, I had been asking her to take me also. Then we took a boat to Sangam performing pooja. We fed some sea birds and happily left Prayagraj and we came to Varanasi (Kashi). We took rooms and freshened up and went to Vishwanatha Temple darshan and we also witnessed the Ganga Aarti.

Day - 6 at Sarnath

On the way to Sarnath, we saw Banaras University and at Sarnath I visited many places such as Deer Park, Ashoka Pillar and I also saw Buddhist temples & different countries like Chinese, Japanese, Tibetan, Thailand, Cambodia, etc.

There are 4 main places associated with Buddhism:

1. Lumbini (Nepal) – Birth place of Gautama Buddha.
2. Bodhi Gaya (Bihar) – Buddha got enlightenment.
3. Sarnath Deer Park (UP) – Buddha's first teaching.
4. Kushinagar (UP) – Buddha passed away.

In Deer Park, Emperor Ashoka built a large stupa to mark the place where Buddha sat and gave teachings. Our guide told us that when the Turks came to India, they ruined this stupa while searching for gold. At Sarnath we visited a handloom shop. I saw an elderly man weaving silk cloth and he even explained to me how they work and he praised PM Narendra Modi for helping weavers, providing modern having their own weaving machines and self also employment and encouraging our traditional culture. After visiting all this place we went to Raigir.

I was very excited to see Nalanda University as it is one of the world's oldest university. My parents told me. That it was destroyed by trucks and that the library was said to have burned for months.

In the morning we visited Raigir forest safari and experienced a glass bridge walk. It is the first glass bridge in eastern India and is located about 250 feet above the valley. From here we went to Bodhi Gaya where Buddha got enlightenment. I asked my mom what enlightenment means. She said it means "open minded thinking, gaining knowledge and connecting with god," but I did not understand. After that we sat under the Bodhi tree (Fig tree) and meditated. Some people were

Page 02

Arjun Hoysala S

4C

MY TRIP

[State to State – Stay Curious]

It was 29th March 2026, Sunday. My mother, father and my brother Manju started our trip from Bangalore.

On the very first day, we reached Vijayapur, which was called Bijapur earlier. As we travelled the whole day, we halted at Vijayapur.

The next day, early in the morning, we visited Shivagiri. On Sindagi road we saw an 85-feet-tall Lord Shiva statue and many other huge models and statues in the garden. Among them, the Radha Krishna statue attracted me the most.

On the way, we visited Gol Gumbaz and travelled towards Solapur, one of the districts of Maharashtra. From there, we went to Tuljapur because I wanted to see the Tulja Bhavani Temple. My father told me that Chhatrapati Shivaji Maharaj and [Goddess] Bhavani had a sword at this temple. Our next halt was at Ajanta.



As Ajanta Caves are located in a forest area, only State Government buses are allowed, so we travelled by bus to see the Ajanta Caves. When I reached there, I saw many rows of caves into a huge rock. My father told me this cave was discovered by British officer **Capt. John Smith in 1819** while he was hunting tigers. He found a staircase leading to the 10th cave. Inside, we saw a big hall with beautiful paintings.

Buddha Statues: I read these statues were built by Buddhist monks with the help of **Satavahana dynasty kings**. I also saw the beautiful paintings on the walls. My mother explained to me how the paintings were done and what all materials were used, such as **mud, dung, clay, lime, plant, etc.** There were **30 caves** and they are believed to date back to the **2nd century BCE**. The caves were carefully maintained. From **Ajanta**, we visited **Madhya Pradesh**, where we went to **Omkareshwar and Mahakaleshwar**.

Day 4 – From Mahakaleshwar

Our journey started towards **Prayagraj**, so we travelled by the **Bundelkhand Expressway [296 km]**. As it was a very long journey, we reached **Chitrakoot at 12:30 in the midnight**. As it was very late at night, we could not find any hotel to stay, so we just stopped at a **petrol bunk**. The UP Police officers were also there, so we felt safe.

Page 01

chanting mantras. It was very nice to hear. After that, my mom and I went shopping and ate some street food. It was delicious, and we really enjoyed it.

From Bodhi Gaya we reached Vishnupad Temple in Gaya and where we saw the Phalgu River and then we started our journey to Jharkhand. The Vaidyanatheshwar temple we reached in time had darshan and then travelled to West Bengal.

In West Bengal we stayed near the Kulti check post in Chittaranjan because my grandfather had served there in 1970 when he was in the military. I called my grandmother and told her that we were in Kulti, the same place where my grandfather was in 1970. She also told how he served and he used to work in the Military camp. I felt very proud and felt very happy. I always love my country.



It rained until we reached Odisha. Finally, we reached Puri Jagannath Temple. I have been waiting since 2022 to visit Jagannath Temple and have darshan. I could not control my happiness. Once again, I got to see Lord Jagannath, so we went inside the temple and thanked Lord Krishna.

All night, I was thinking about Sudarsana Chakra and wondered why it was placed on the temple facing opposite to the direction of the wind

The next day, we reached Sun Temple at Konark. It was amazing, but many parts of the temple had been destroyed. My parents told me that there was a coating of iron. On the temple the Sun God was inside the temple, but it is no longer. I saw very large iron rods, and it was not rusted because my parents told me they were made of pure iron. From there, on the way, we saw Chilika Lake.

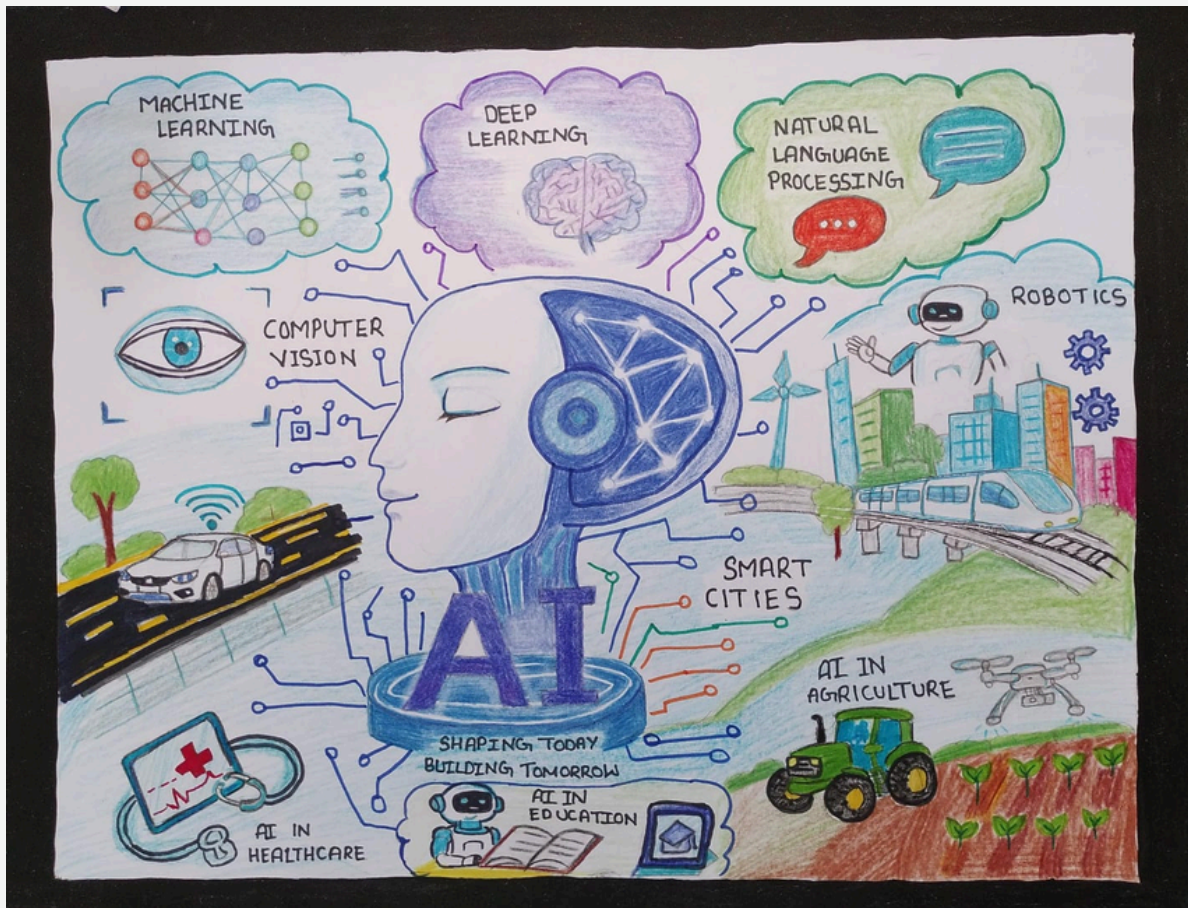
Chilika Lake is a winter home for many birds like Flamingos, Northern Pintails, Gadwalls, etc. They come from Russia, Siberia, Mongolia. When his Mom told this, I remembered one movie, "Fly Away Home."

Here is the handwritten content converted into written format:
With all these memories, I also collected mica from Bihar and coal from West Bengal.
On the 10th day, we started our journey towards Bengaluru. It took 2 days to reach Bengaluru.
My travel story with my grandmother. I am eagerly waiting for my next trip.

By
Anvija Hegde.S

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Art Corner



Tanush S
Class 8A



Puneeth H
Class 8A



Thejitha BS
Class 8B

Teacher Corner

Nutritional Facts of Guava



August is the season of fruits. Guava is a fruit which everyone loves to eat and has high nutritional value and very good for all ages

It is very high in vitamin C.

Rich in dietary fiber.

Provides potassium and antioxidants.

Vitamin C supports collagen formation and helps protect cells from oxidative stress.

For children: Guava can be a nutritious snack when served as fresh fruit, but parents are worried as it causes cough and fever.

Come let's see a healthy recipe

 Kid-friendly  "Guava Rainbow Chaat"

Ingredients

- 1 ripe guava – diced
- ½ small apple – diced
- ½ banana – sliced
- 1 tsp lemon juice
- A small pinch of black salt
- A pinch of roasted cumin powder
- 1 tsp honey (optional)

Method

1. Wash the guava thoroughly and cut it into small pieces.
2. Add the apple and banana.
3. Sprinkle black salt and roasted cumin powder.
4. Add lemon juice and mix gently.
5. Add a little honey if desired.
6. Serve fresh.

Roopa J
CFP
VSIPS



Teacher Corner

The Reward of Resilience

Today was the most awaited day of Saavan's life. It was a memorable milestone, as he was about to receive the Academic Excellence Award for his outstanding performance. Dressed sharply in a crisp white shirt, black trousers, and a black coat, he waited eagerly backstage, his heart racing with anticipation.

When his name was finally called, a wave of emotion hit him. Walking up to the stage, a montage of his struggles flashed before his eyes. He didn't just see the trophy; he saw the quiet sacrifices that made it possible:

The Daily Routine: The disciplined timetable lovingly set by his mother.

The Healthy Lifestyle: Morning cycling for fitness, reading the newspaper daily, and sticking to nourishing, homemade meals.

The Hard Work: The unwavering daily practice and revision of everything taught in class.

As his hands finally touched the cold metal of the award, tears welled up in his eyes. The weight of his journey made him deeply emotional. Moving toward the microphone to deliver his acceptance speech, he bypassed a long address and chose to sum up his entire journey in just a single sentence:

"Perseverance and discipline make everything successful."

With those few words, Saavan didn't just accept an award—he solidified his place as a true role model for everyone in the room.

Prarthana S R
CHP
VSIPS



Teacher Corner

My Turquoise Saree

The turquoise saree I chose with care,
Afraid that someone else might claim it,
A simple weave with a golden edge
Yet my heart quietly named it.

The day I wore it, it felt just right,
Soft around me, light and free,
As if that little piece of cloth
Was always meant for me.

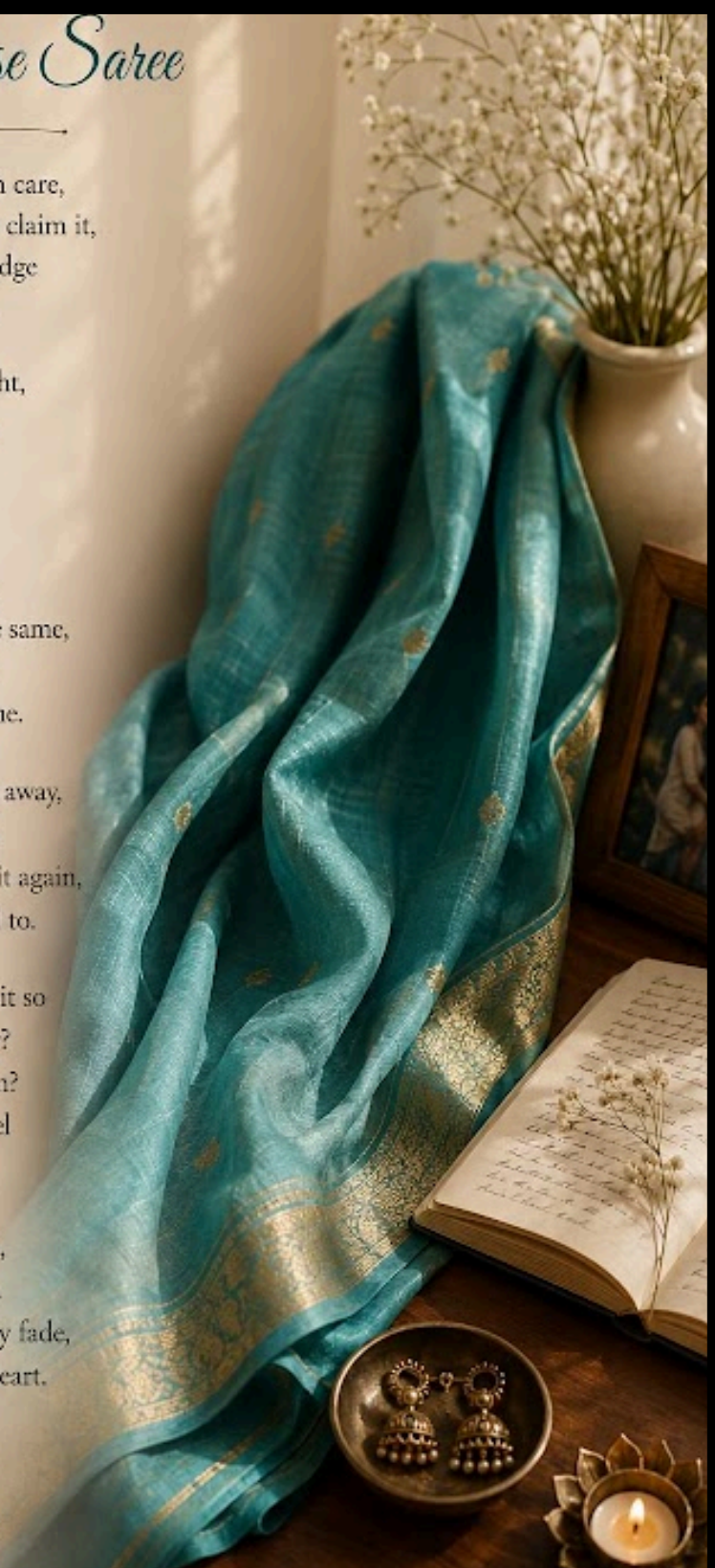
After a while I washed it gently,
Hoping its colour would stay the same,
But in the bucket I saw the blue
Slowly leaving, like a fading flame.

Each wash carried a little colour away,
A quiet stream of turquoise hue,
Yet strangely, every time I wore it again,
It looked just as lovely as it used to.

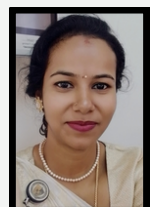
And I often wonder why I love it so
Was it the day, so bright and fair?
Was it the person beside me then?
Or how beautiful it made me feel
when I wore that saree there?

Maybe it is all those little things,
Moments stitched within its art.
For though its colour may slowly fade,
Its place will never fade in my heart.

— ♥ —
Shwetha Krishna



Shwetha K
English Department
VSIPS



Parent Corner



Bhavana

— Mother of —



Tejith Krishna A 4 B



Hitarth Krishna A 7 B



HAPPY Guru PUARNIMA

Good morning,
respected Principal, teachers,
and my dear young friends!

Let us start this beautiful morning with a
special prayer for our teachers:

“

*Guru Brahma, Guru Vishnu,
Guru Devo Maheshwara,
Guru Sakshat Parabrahma,
Tasmai Shri Gurave Namah.”*

”

This beautiful line means that a teacher is as
powerful as God because they give us the
gift of knowledge.

Today is **Guru Purnima**, a special day to say a
giant “**Thank You**” to our wonderful teachers.

Think of your teachers as **magical light
switches!** When you do not know how to read,
write, or draw, they turn on the light of
knowledge in your minds. They teach you how
to be kind, how to share your lunch boxes,
and how to be great friends.

You can make your teachers very happy today
with three simple steps:

You can make your teachers
very happy today with three simple steps:

- 1 Listen to them carefully.
- 2 Be kind to your classmates.
- 3 Say thank you with a big smile!

Keep shining, keep learning, and
make us all proud.

Happy Guru Purnima
to all our amazing teachers!

Thank you!

Important Events in August

- Guru Purnima - Parent Activity- Preprimary
- Student Awareness Program – Healthy Eating Habits
- International youth Day
- Inter house Sports Class 5-10
- Guru Samman Award 2026
- Independence Day
- Junior sports day
- National sports day/ Senior sports day

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